



<b>Site:</b> NJ	 <h1>Rising Blue Star Elite Evaluation Schedule</h1> <p>Saturday August 18, 2012 RiverWinds NJ 11:00 AM - 5:00 PM</p> 	
<b>Date:</b> 8/18/12		
<b>Director:</b> Jimmy Dillon		
Time	Activity	
10:00 - 10:45	Check in & Registration	
10:45 - 10:55	Staff introductions	
10:55 - 11:15	Stretch & Agilities	
11:15 - 11:20	Break up into groups – by height	
11:20 - 12:00	Drills & Skills (Stations – Ball Handling, Shooting, Passing, etc)	
12:00 - 12:40	1 on 1 play w/in groups (4 dribble max – winner stays) 15 min – Top 2 from each play	
12:40-12:45	Break	
12:45 - 1:30	3 v 3 play – break down group (no more than 4 on team) – rotate winners to play every 10 min	
1:30 - 2:25	Break for Lunch	
2:25 - 2:30	Stretch & Agilities	
2:30 - 2:55	Director's Choice (SPARQ, Full ct drills, BS Skills Academy, Promo, etc.)	
2:55 – 3:00	Break up into groups – by height	
3:00 - 4:00	Game 1 - (16min run time) 1 v 2 3 v 4 (Man-Man Play)	
	Game 2 - (16min run time) 1 v 3 2 v 4 (2-3 Zone Play)	
	Game 3 - (16min run time) 1 v 4 2 v 3 (Post Touch Play)	
4:00 - 4:05	Break - Staff Balance Team	
4:05 - 4:50	Game 1 - (16min run time) 1 v 2 3 v 4 (Man-Man Play)	
	Game 2 - (16min run time) 1 v 3 2 v 4 (2-3 Zone Play)	
	Game 3 - (16min run time) 1 v 4 2 v 3 (Post Touch Play)	
4:50 - 5:00	Closing Remarks	